Remember...

Hand Hygiene Saves Lives

Handwashing is the single most effective way to prevent infections!

Know when to use alcohol gel appropriately and encourage all other co-workers, patients, and visitors to do the same.

Together We Can Make a Difference!

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Infection Control is Everybody’s Business

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What does Infection Control mean?
Prevention and/or controlling the spread of healthcare-associated infections (HAI’s) are important to everybody!

Why is it important?
HAI’s are potentially life-threatening and ALWAYS costly. Patients, visitors, and healthcare workers are at risk because:
- Patients may be infected on admission and expose others.
- Seriously ill or injured patients are more susceptible to infection than healthy people.
- The hospital environment as a whole supports the growth of bacteria that lead to infection.

How is it done?
WASH YOUR HANDS!

Know when to use alcohol-based hand gel:
- Before and after work
- Before and after any patient contact
- Before and after handling food
- After handling contaminated items
- After personal care

To help stop the spread of germs:
- Cover your mouth and nose with a tissue when you cough or sneeze.
- If you don’t have a tissue, cough or sneeze into your upper sleeve, not your hands.
- Put your used tissue in the waste basket.
- Wash your hands or use alcohol gel after coughing or sneezing.