



FINANCIAL WELLNESS!

Office of Human Resources is excited to offer the following events for 2020 to help all UAMS employees, staff, and students prepare for financial wellness!

Registration: click link, scan QR code, or call 501-686-5650.

Off Campus Sites: For IVN set up or web link for face to face sessions email video@uams.edu

January 2021 Events

<p>The Starting Line: Beginning to save for retirement PRESENTER: TIAA Learn how to evaluate and manage debt, find additional ways to save, create a budget and begin to plan for retirement</p>	<p>1/12/2021</p>	<p>2:00 CT Webinar</p>
<p>Quarterly Economic and Market Update with TIAA's Chief Investment Strategist PRESENTER: TIAA Take a closer look at our views on the financial markets, including key market drivers, U.S. economy, policy and politics, and investing in public markets. This seminar will also cover the challenges that investors face and how to navigate them.</p>	<p>1/13/2021</p>	<p>11:00 CT Webinar</p>
<p>Lifetime Income: Looking to Turn Your Retirement Savings into a Paycheck for Life? PRESENTER: TIAA Learn how creating a diversified income plan that uses a combination of income sources and includes annuity income that's guaranteed for life and can help reduce the risks you may face in retirement and ensure you have income that never runs out.</p>	<p>1/13/2021</p>	<p>2:00 CT Webinar</p>
<p>10 Predictions for 2021 PRESENTER: TIAA Nuveen's Chief Equity Strategist will discuss his annual predictions for 2021, taking a comprehensive look at the trends and issues he believes are positioned to shape the economy and markets for the coming year.</p>	<p>1/14/2021</p>	<p>11:00 CT Webinar</p>
<p>The 411 on 529 Plans PRESENTER: TIAA You can learn how 529 college savings plans work and how to invest in one for a child, grandchild, yourself or other loved ones.</p>	<p>1/14/2021</p>	<p>2:00 CT Webinar</p>

