



FINANCIAL WELLNESS!

Office of Human Resources is excited to offer the following events to help all UAMS employees, staff, and students prepare for financial wellness!

Registration: click link or call 501-686-5650.

Off Campus Sites: For IVN set up or web link for face to face sessions email video@uams.edu

April 2021 Events

<p>Paying Yourself: Income options in Retirement PRESENTER: TIAA You can learn the rules that govern retirement assets and find out when to consider using different income sources.</p>	<p>4/13/2021 11:00 CT Webinar</p>
<p>Making it Easier for You: Online Tools and Resources PRESENTER: TIAA Save time, manage your money, and feel empowered by learning and using the latest digital enhancements.</p>	<p>4/13/2021 2:00 CT Webinar</p>
<p>Quarterly Economic and Market Update PRESENTER: TIAA Take a closer look at our views on the financial markets, including key market drivers, U.S. economy, policy and politics, and investing in public markets. This seminar will also cover the challenges that investors face and how to navigate them.</p>	<p>4/14/2021 11:00 CT Webinar</p>
<p>The Power of Saving PRESENTER: TIAA Whether you're the kind of person that lives and spends in the now or plans for what's ahead, there are always ways to save smarter. In this seminar, you'll learn a number of strategies for better managing your money, so you have the knowledge and confidence to pay your bills, save for a rainy day, and achieve any larger financial goals you've set for yourself.</p>	<p>4/14/2021 2:00 CT Webinar</p>
<p>W2W Attention to Detail: Financial finishing touches for Women PRESENTER: TIAA Am I ready to retire? How do I know if I have enough? How do I plan my income? What should I look out for as I plan and even after I am retired? Financial success can often complicate your life and we are going to try to help you answer those questions and more.</p>	<p>4/15/2021 11:00 CT Webinar</p>
<p>Making Gifts to Loved Ones and Charities PRESENTER: TIAA You can help to maximize the value of your life's work and help to take care of your survivors and philanthropic causes with a little planning. This webinar will review basic strategies for giving to individuals and charities during your lifetime, as well as legacy planning.</p>	<p>4/15/2021 2:00 CT Webinar</p>

