

Fitness

10 Fitness

First month free on Level -10 memberships

No joining fee

No commitment

Promo code: PROMO10

Arkansas Children's Hospital Fitness Center

Currently closed due to Covid

Barefoot Studio – Yoga

3515 Old Cantrell Road

Little Rock, AR 72202

501-240-0707

20% off class packages and monthly unlimited yoga. First 7 consecutive days of classes free for new students. UAMS ID required.

Clubhaus Fitness

1207 Rebsamen Park Road

Little Rock, AR 72202

501-916-9587

<http://www.clubhausfitness.com> Waive enrollment fee for UAMS employees, faculty and students.

CycleBar

17711 Chenal Parkway, Suite I-111

Little Rock, AR 72223

501-448-2281

10% off for life on any membership. UAMS ID required.

D1 Training of Little Rock

10 Viewpointe Cove

Little Rock, AR 72223

501-588-3910

7 day free trial

F45 Training

301 N Shackleford Rd, Ste H@, Little ROCK AR 72211

(530) 798-9457 or westlittlerock@f45training.com

Half off first month! - UAMS ID required

<https://f45training.com/westlittlerock/home>

North Little Rock Athletic Club

3804 McCain Park Drive

North Little Rock, AR 72116

501-812-5555

10% off monthly dues for front line workers. UAMS ID required.

Pure Barre

11525 Cantrell Road, Ste 306

Little Rock, AR 72212

501-246-3258

Waive enrollment fee and other \$10 off any membership. First class is Free

UAMS Fitness Center

501-526-2222

Membership fee: \$6.92/BW or \$15/MO. Every employee can sign up 2 additional family member for the same low price. Enroll through the fall and receive a Free towel.

WOW Fitness

5523 Mabelvale Pike

Little Rock, AR 72209

501-240-2773

Subscribe at: www.wow-fitness.com/membership Enter Code:UAMS50 50% savings immediately applied. Memberships return to the regular price after the first month. All memberships are no contracts and no joining fees.