

# **COBRA\* Monthly Rates**

## **Continuation of Medical, Dental or Vision**

Effective January 2023

**The 2% administrative fee is not included in these rates.**

\* The Consolidated Omnibus Budget Reconciliation Act of 1986 (COBRA) is a federal law which mandates continuation of group health care insurance plans, at workers' expenses, after a worker leaves an employer. The University of Arkansas outsources COBRA benefits administration to:

UMR COBRA ADMINISTRATION  
P.O. Box 1206  
Wausau, WI 54402-1206  
PHONE (toll-free): 1-800-207-1824  
EMAIL: [MyCOBRA@UMR.com](mailto:MyCOBRA@UMR.com)  
WEB PORTAL: <https://mycobra.tpa.com>

<b>MEDICAL</b>	<b>Classic Plan</b>	<b>Premier Plan</b>	<b>Health Savings Plan</b>
Single coverage for Employee Only, Spouse Only, or Child Only	\$ 493.50	\$747.38	\$ 428.42
Employee and Spouse	\$ 1,152.54	\$ 1,766.64	\$ 974.98
Employee and Child(ren), or Spouse and Child(ren), or Children only	\$ 923.28	\$ 1,395.56	\$ 803.02
Employee, Spouse and Child(ren)	\$ 1,591.92	\$ 2,436.84	\$ 1,360.46

### **DENTAL**

Single coverage for Employee Only, or Spouse Only, or Child Only	\$ 32.00
Employee and Spouse	\$ 66.00
Employee and Child(ren), or Spouse and Child(ren), or Children only	\$ 55.70
Employee, Spouse and Child(ren)	\$ 89.70

### **VISION**

	<b>Basic</b>	<b>Enhanced</b>
Single coverage for Employee Only, or Spouse Only, or Child Only	\$ 4.69	\$ 9.48
Employee and Spouse	\$ 9.31	\$ 18.74
Employee and Child(ren), or Spouse and Child(ren), or Children only	\$ 9.11	\$ 18.37
Employee, Spouse and Child(ren)	\$ 13.85	\$ 27.92