UAMS Mentor to Mentee Tracking Form

**Skills**

* What skills do you want to develop? Click or tap here to enter text.
* What do you consider to be your strengths? Weaknesses? How do you see them impacting this role, improving, or hindering? Click or tap here to enter text.
* What working challenges do you foresee in this role? Click or tap here to enter text.
* What are your top personal and professional development priorities? Click or tap here to enter text.
* What is your past work/educational experience relative to this role? Click or tap here to enter text.

**Communication and Trust**

* How do you prefer to receive feedback, and how can I support your growth? Click or tap here to enter text.
* What do you hope to achieve from this mentorship? Click or tap here to enter text.
* How do you prefer to communicate- Teams, email, etc.? Click or tap here to enter text.
* Do you have any boundaries around communication? If so, what are they? Click or tap here to enter text.

**Goals**

* What are your short and/or long-term goals at UAMS and beyond? Click or tap here to enter text.
* What do you need to be successful in reaching those goals? Click or tap here to enter text.

**Personal**

* What are your interests outside of work? Click or tap here to enter text.
* What do you like to do in your free time? Click or tap here to enter text.
* What’s something to know about you that might surprise others? Click or tap here to enter text.

**Organization**

* What questions do you have regarding leadership? (Reporting structure, roles, etc.) Click or tap here to enter text.
* What resources do you need from the organization or your department to make onboarding and training successful? Click or tap here to enter text.