

Birkman Personality Assessment



The Birkman Method is a scientifically developed, multidimensional, personality assessment that provides both behavioral and occupational data to help understand individuals' unique behavior and work satisfaction across different situations and industries. The Birkman provides information for individuals to not only truly understand who they are, but why.

BIRKMAN for TEAMBUILDING

Not only can the Birkman provide meaningful personal information to become more effective in relationships, it can also be used to improve teamwork. In every team, individuals must adapt to successfully engage with one another, solve problems and achieve goals. There is no blueprint for how to get along with different types of personalities. The Birkman provides a common language for communication within teams and enables individuals to understand their own strengths.

Facilitated teambuilding workshops help teams not only understand their own behavior but also the behavior, motivations and needs of others. Through this enhanced self-awareness and understanding of others, individuals value each other's strengths and learn how to adapt to better meet the needs of their team which results in improved working relationships and increased productivity.

A certified Birkman consultant from the OD Team administers the assessment, provides individual consultations about the results and can provide group facilitation.

Please contact OrganizationalDevelopment@uams.edu for more information.