



The DiSC profile is a non-judgemental tool used for discussion of people's behavioral differences. If you participate in a DiSC workshop, you will be asked to complete a series of questions that produce a detailed report about your personality, behavior, and communication style. The DiSC assessment and workshop is especially beneficial for teams.

The DiSC profile can help you and your team in the following ways:

- Increase your self-awareness regarding how you respond to conflict, what motivates you, what causes stress and how you solve problems;
- Improve working relationships by recognizing the communication needs of team members
- Encourage better teamwork and less conflict
- Improve leadership by effectively understanding the dispositions and priorities of team members

Please contact OrganizationalDevelopment@uams.edu for more information.